

# AUGUST: PARENTING TEENAGERS

Can I Trust My Teen?

## MONTHLY WEBINAR

### Raising Responsible Teens

Thursday, August 16, 2012  
12:00 p.m. - 1:00 p.m.

Get practical parenting tips for raising trustworthy teens to ensure their safety and give you peace of mind.

#### BE SURE TO REGISTER IN ADVANCE

Register for the webinar on the NYS-Balance website. To participate, you will need an Internet-connected PC and a phone. If the webinar is not scheduled during your break or lunch time, you can view it later online.

## RESOURCES: CONSULTANTS AND WEBSITE

The teenage years are a time of great change for both parents and children. Teenagers explore boundaries and experience new freedoms, with more time spent with friends, in cars, and on the Internet. It can be difficult for parents to know how much trust to place in their kids. We can help with informational articles, tips on healthy communication, links to parenting resources, and more.

Call or visit us online to get the answers to your questions on parenting teenagers.

Please contact your Human Resources Office, EAP Coordinator, or Work-life Services at [worklife@goer.ny.gov](mailto:worklife@goer.ny.gov) for the username and password to access this website or for the toll-free number to call NYS-Balance.

Additional resources are available through your NYS Employee Assistance Program (EAP). For more information about EAP and other Work-Life Services benefits, please visit [www.worklife.ny.gov](http://www.worklife.ny.gov).

Andrew M. Cuomo, Governor,  
State of New York

Gary Johnson, Director,  
Governor's Office of Employee Relations

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less complicated