

## AUGUST: WHAT'S YOUR BEEF?

Managing Conflict in the Workplace

### MONTHLY WEBINAR

#### **Nobody Likes a Bully: Bullying in the Workplace**

Thursday, August 15, 2013  
12:00 p.m. - 1:00 p.m.

Dealing with different personalities at work is a reality. Bullies pose a greater challenge. Learn how to identify hostility in the workplace and how to handle the bullies who create it.

#### **BE SURE TO REGISTER IN ADVANCE**

Register for the webinar on the NYS-Balance website. To participate, you will need an Internet-connected PC and a phone. If the webinar is not scheduled during your break or lunch time, you can view it later online.

### RESOURCES: CONSULTANTS AND WEBSITE

Some conflict in the workplace is unavoidable. Disagreements with co-workers or managers can create tension at work and lead to problems with job performance and unhappiness. Let us help with tips on communication and conflict resolution, a conflict management assessment, and more.

Call or visit us online to get help managing workplace conflicts.

Please contact your Human Resources Office, EAP Coordinator, or Work-life Services at [worklife@goer.ny.gov](mailto:worklife@goer.ny.gov) for the username and password to access this website or for the toll-free number to call NYS-Balance.

Additional resources are available through your NYS Employee Assistance Program (EAP). For more information about EAP and other Work-Life Services benefits, please visit [www.worklife.ny.gov](http://www.worklife.ny.gov).

Andrew M. Cuomo, Governor,  
State of New York

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