

SEPTEMBER: LEGAL EASE

Combat legal stress with knowledge



RESOURCES: CONSULTANTS AND WEBSITE

When dealing with a legal matter, the best anti-anxiety medicine is knowledge. With a background on legal fundamentals, and free access to a half-hour consultation with an attorney, you and your family can be prepared and feel more confident when facing legal matters.

To help make legal issues less complicated, take advantage of the NYS-Balance resources available to you by phone or web. Let the service provide referrals to an attorney in your area for a free half-hour consultation, or explore the online articles, links, and forms on popular legal topics.

To access the service, contact your Human Resources Officer or EAP Coordinator for the website log-in information or the toll-free number.

REGISTER IN ADVANCE
FOR THE WEBINAR

Getting Your Affairs In Order: Five Essential Documents

Thursday, September 15, 2011
12:00 p.m. - 1:00 p.m.

Be prepared and organized for your future and that of your family. Learn about the five documents that everyone should have to prepare for the unexpected: *Advance Medical Directives, Living Wills, Powers of Attorney, Revocable Living Trusts, and Last Will and Testaments*. Although this session is informative, it is not a substitute for professional consultation.

Register for the webinar on the NYS-Balance website. To participate, you will need an Internet-connected PC and a phone. If the webinar is not scheduled during your break or lunch time, you can view it later online.

Additional resources are available through your NYS Employee Assistance Program (EAP). For more information about EAP and other Work-Life Services benefits, please visit www.worklife.ny.gov.

Andrew M. Cuomo, Governor,
State of New York

Gary Johnson, Director,
Governor's Office of Employee Relations

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