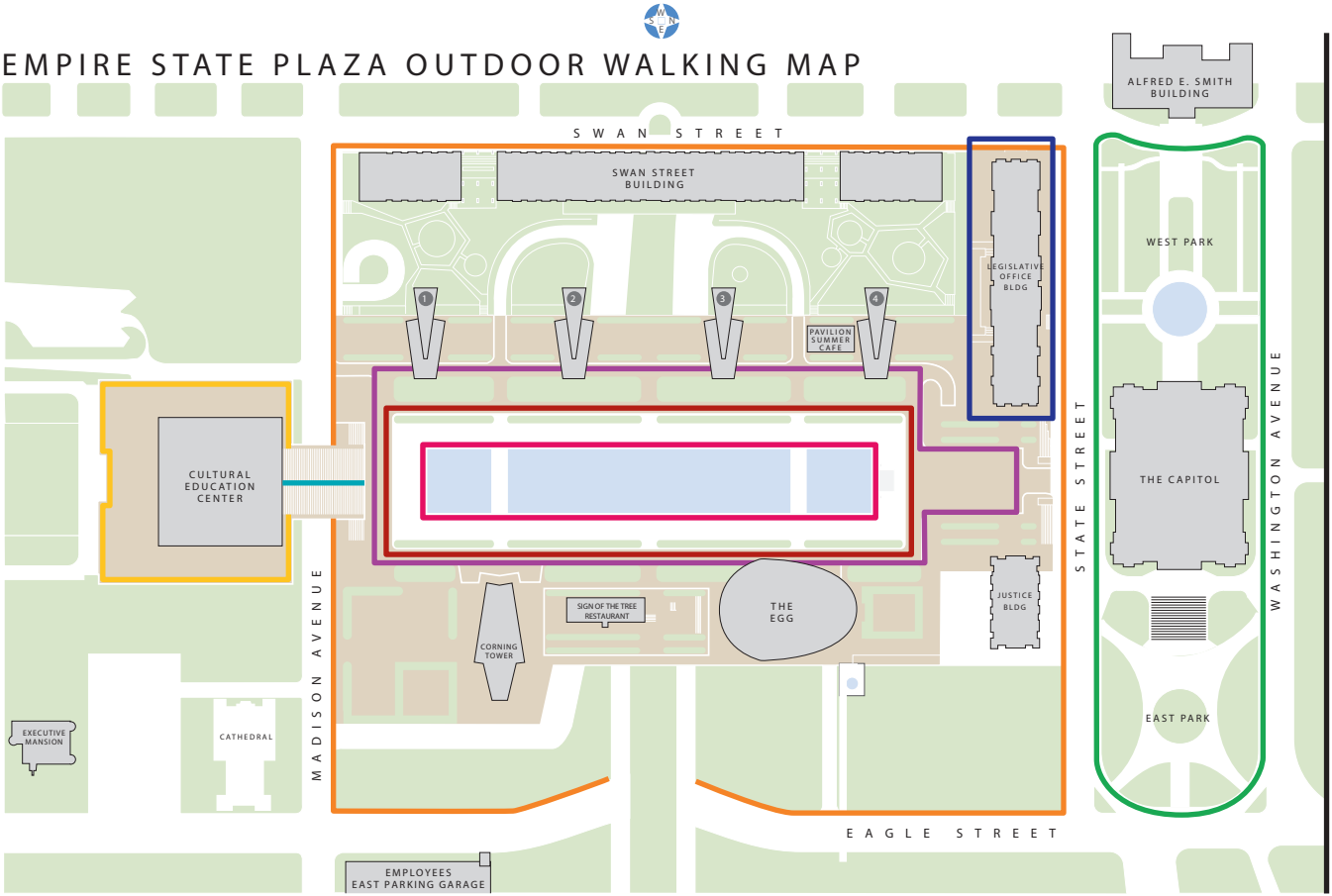
EMPIRE STATE PLAZA OUTDOOR WALKING MAP



NYS Museum 4th floor perimeter
.264 mile
(550 steps)

Madison/Eagle/State/Swan
.974 mile
(1900 steps)

Around fountains
.42 mile
(800 steps)

Inner bricks
.50 mile
(1000 steps)

Outer bricks
.60 mile
(1200 steps)

Around the Legislature
.30 mile
(700 steps)

Up the stairs
(85 steps)

East/West Capitol
.60 mile
(1300 steps)

New York State Department of Health WellNYS Program